

Tehillim Form

Thank you for committing yourself to be a participant in a *L'Chaim* Tehillim group. Sefer Tehillim has been divided into 18 sections to be recited by 18 singles or their sponsors. Each week YOU are responsible for reciting those 'Kapitluch' that have been assigned to you by your group organizer, as a 'Zechus' for finding a Shidduch for all those singles on the list.

The group will, *IY"H*, complete 'Sefer Tehillim' over the course of each week. This means that YOU are responsible for reciting your designated 'Kapitluch' at any time of the week before 'Shkiyah'. After saying Tehillim, you should read the Hebrew names of all the singles listed. Please note that on Shabbos the names of the singles should be omitted. In the 'Zechus' of Dovid HaMelech' and your Tefilos, may each single find his/her 'Zivug B'Karov'!

The following is the list of singles participating in this Tehillim group, along with the 'Perakim' they have been assigned:

Kapitluch	SINGLE'S HEBREW NAME	SINGLE'S ENGLISH NAME
1. 1 - 12		
2. 13 - 20		
3. 21 - 28		
4. 29 - 36		
5. 36 - 44		
6. 45 - 53		
7. 54 - 63		
8. 64 - 70		
9. 71 - 77		
10. 78 - 85		
11. 86 - 94		
12. 95 - 104		
13. 105 - 110		
14. 111 - 118		
15. 119 - 120		
16. 121 - 134		
17. 135 - 142		
18. 143 - 150		

P.S. If at any time you cannot fulfill your obligation, please call your organizer, _____ at _____ to reassign your section. In addition, it is your responsibility to notify your organizer every time there is a new Choson/Kallah, so that the list may be amended and a new single added..

Please don't forget to call and share the Mazal Tov!