

# How to Run a *L'Chaim* Shidduch Meeting

## Hostess/Leader Should Prepare the Following:

- Sefer Tehillim and a Siddur
  - Paper and Pens
  - Light Refreshments
  - “A Message from *L'Chaim*”
  - “Attendance Sheets”
  - “*L'Chaim* Shidduch Snapshot Form” – multiple copies (at least 2/attendee)
  - “How to Organize a Tehillim Group”
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1. The meeting Leader should call upon one secretary to be responsible to record information given at the meeting. It may be handwritten or inputted directly into a computer. Label notes with: Date, Location, Age and Category of Meeting.
2. Attendees should sign the Attendance Sheet – include emails
3. One volunteer should lead the group in 1-2 Kapitluch of Tehilim. Suggestions: Verses 20 and 120. This should be followed by recitation of “Achenu Kol Bais Yisroel” (to be found in the Siddur before “Ashrei”)
4. Presentation of Singles following the “*L'Chaim* Shidduch Snapshot” format. Names or initials of Singles should **not** be mentioned. As the presenter speaks, everyone should be encouraged to record all the information presented. Attendees should keep this as a reference to help others in the future, even though it may be irrelevant to the single that she had come to represent
5. About an hour into the meeting, read “Message from *L'Chaim*”
6. Resume presentation of singles
7. Right before the meeting ends, remind the attendees to address additional questions to presenters after the meeting or by phone or email contact. If both sides agree that the Shidduch is a possibility, the names are released. The boy's side should be contacted first, and then the Shidduch may proceed.
8. A copy of Attendance Sheets, along with notes of the meeting, should be emailed to: [lchaimshidduch@gmail.com](mailto:lchaimshidduch@gmail.com) or mailed to: B. Gross, 2 Bartlett Road, Monsey, NY 10952
9. In order for us to share the ‘nachas’ of your successful shidduchim, please contact us at: [lchaimshidduch@gmail.com](mailto:lchaimshidduch@gmail.com), call 845-352-0373, or mail to: *L'Chaim* Shidduch Organization, 241 Viola Road, Monsey, NY 10952